

CONTRACEPTIVE FAILURE RATES

Relative efficacy of contraceptive options: perfect use vs. typical use¹

Pregnancies for every 1,000 women during first year of use

PERFECT USE*

TYPICAL USE*

THE HORMONAL INTRAUTERINE SYSTEM (IUS)



2



2



THE COPPER IUD



6



8



THE INJECTION



2



60



ORAL CONTRACEPTIVES



3



90



THE PATCH



3



90



THE RING



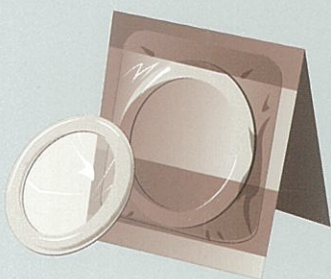
3



90



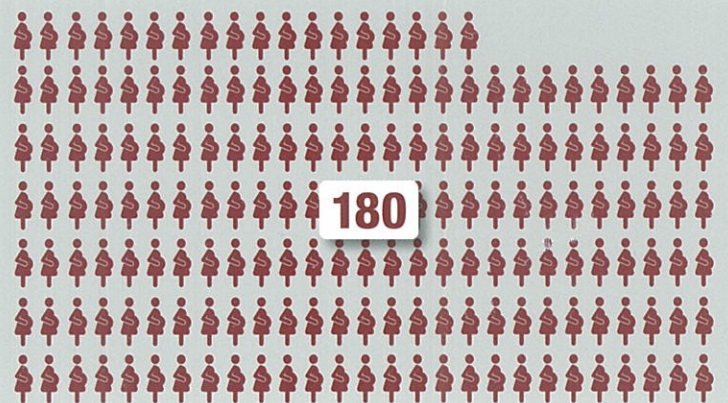
MALE CONDOM



20



180



*The relative effectiveness of a birth control method is defined in two ways: actual effectiveness and theoretical effectiveness. Actual effectiveness refers to the "typical use" of a method, meaning how effective the method is during actual use (including inconsistent and incorrect use). Theoretical effectiveness refers to the "perfect use" of a method, which is defined by when the method is used correctly and consistently as directed.²

Adapted from the Canadian Contraception Consensus, 2015¹

For the full list of contraception methods and their corresponding perfect use and typical use effectiveness, please visit www.sexandu.ca

References: 1. Society of Obstetricians and Gynaecologists of Canada (SOGC). Canadian Contraception Consensus (Part 1 of 4). *J Obstet Gynaecol Can* 2015;37(10):936-42. 2. CDC: Centers for Disease Control and Prevention. Reproductive Health: Contraception. Available at: <http://www.cdc.gov/reproductivehealth/unintendedpregnancy/contraception.htm>.